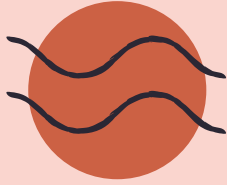




The state of employee mental health in the legal sector



97%
of junior lawyers report **feeling stressed** in their role.



1 in 15
junior lawyers experience **suicidal thoughts**.¹



of lawyers believe that **mental health problems are worse** in the legal industry **than any other industry**³



Only 21% of lawyers **claim their employer offers mental health support**.



60% of that minority **don't make use of the support** that is on offer.²

Top three issues for legal professionals during the Covid-19 pandemic are:



Working at home
is not permitted



Financial issues
due to furlough, pay cuts or lack of work



Worsening
of existing **mental health conditions**⁴



Over 87%
of junior lawyers **feel that their employer could do more** to provide help, guidance & support in relation to **mental health** in the workplace.¹

¹ JLD: Resilience and wellbeing survey report 2019.

² MorganMcKinley: How mental health awareness is being improved in law firms

³ ALM: Lawyers reveal the true depth of mental health struggles

⁴ Lawcare: Lawcare releases latest covid-19 data

⁵ Employee Assistance Programme 2013 Market Watch